

# HAND SANITIZERS

## HOW TO USE

### WHAT IS HAND SANITIZER

Hand sanitizer is used to decrease infectious agents on hands and to ensure personal hygiene where water and soap are not available.

### HOW TO CHOOSE A HAND SANITIZER

✓ Not all hand sanitizers kill the coronavirus. Use a hand sanitizer that contains **at least 60% alcohol** to break down the virus' lipid envelope, just like the soap does.

✗ Sanitizers based on chlorohexidine, triclosan, and miramistin work well against bacteria and germs but cannot affect viruses, therefore they are not recommended for use against coronavirus.



### RECOMMENDATIONS

Wash your hands regularly to prevent the spread of the coronavirus. Hand sanitizers can only be used when water and soap are not available.

### CAUTION

Frequent use of alcohol-based hand sanitizers may irritate your skin and can cause hand burns if used improperly. Aromatic compounds and colourants present in the hand sanitizers can also provoke allergic reactions.

## HOW TO USE A HAND SANITIZER



1 Dispense a loonie-size amount of the sanitizer onto the palm.



2 Rub it thoroughly into your palms, back of your hands and between fingers.



3 Let the sanitizer dry out completely.